

**QUEST MIXED MARTIAL ARTS**

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| **BRAZILIAN JIU-JITSU (age 14+)** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 7:15-8:30 pm(Gi Class) | 7:15-8:30 pm(Striking) | 7:15-8:30 pm(Gi Class) | 7:15- 8:30 pm(No Gi) |  |
| OPEN MAT: Friday @ 6:00 PM & Sunday @ 11:00 AM |

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| **LITTLE WARRIORS (kids MMA age 6+)** |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | 5:00-5:45 pm |  | 5:00- 5:45 pm |  |

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| **PRICES** |
| **BRAZILIAN JIU-JITSU** | **LITTLE WARRIORS** |
| $85 per month | $60 per month |
| $90 per month (includes weight facility) | $10 drop-in fee |
| $10 drop-in fee |  |